

## News

### All Party Parliamentary Group on Sexual and Reproductive Health

The findings of the **Primary Care Women's Health Forum survey** were presented at the recent APPG hearing on Sexual and Reproductive Health concerns. Baroness Gould continues to do sterling work to gather information and raise concerns about sexual and reproductive health provision and this latest hearing will be written into a report and circulated to the relevant policy makers. The report and presentation can be found on the PCWHF website. To view the minutes from the APPG on Sexual and Reproductive Health meeting which was held on Wednesday 15th January 2014 please [Click Here](#)

To view the PCWHF website or the presentations for the meeting please [Click Here](#)

### Faculty of Sexual and Reproductive Healthcare training

The 31st of January was the launch date for the new training pathways for the diploma, nurse diploma and letters of competence for SDI and IUT. Details of these exciting new developments are available on the website. To view the website please [Click Here](#)

The Primary Care Women's Health Forum has registered as a training programme for the FSRH. The number TP1223 can be used by registered trainers who are not attached to a local programme. The training programme director for the forum is Dr Dee McCormack who can be contacted at [dee.mccormack@nhs.net](mailto:dee.mccormack@nhs.net)

### The latest 'pill scare'

All prescribers received a circular from the MHRA in January with a checklist to use when prescribing combined hormonal contraception. This follows the findings of the EMA review which were announced last November. Overall the EMA have concluded that the benefits of these contraceptives outweigh the risks but we need to consider which women are safe to be given the combined hormonal contraceptives and advise prescribers how the risk of the different products compares with others.

Progestogen	VTE cases per 10,000 women per year
NO Combined hormonal contraception or pregnancy	2
Levonorgestrel, norethisterone or norgestimate	5-7
Etonorgestrel or Norelgestromin	6-12
Gestodene, desogestrel, drospirinone	9-12
Chlormadinone, dienogest, nomegestrol	Studies ongoing

The circular from the MHRA reminded GPs of the 'importance of an individual woman's risk and the need to regularly assess them, and raising awareness of the signs and symptoms of VTE and ATE which should be described to women when a CHC is prescribed'

### PCWHF Conference 2014

The date for the 6th annual conference has been set and we are returning to Birmingham. The event will be held on Wednesday 5th November 2014. Once again we will make sure that the sessions are relevant for the work done in primary care and our presenters will challenge us to provide care fit for purpose for our female patients. There will also be a further opportunity for you to enter the Best Practice Award and share your work.

Further details about entering this prestigious award will be available on our website. To view the website please [Click Here](#)

### Best Practice Awards

Please continue to share your tips, audits or concerns about women's health with us via [enquiries@pcwhf.co.uk](mailto:enquiries@pcwhf.co.uk) Information about the 2014 Primary Care Women's Health Forum Best Practice Awards is available on the website, please [Click Here](#)

### NAPS Conference 2014 - An Update on Gynaecology

#### Wednesday 14th May 2014, DoubleTree By Hilton, Leeds

The National Association for Premenstrual Syndrome (NAPS) Conference will provide you with a one day update in gynaecology. Presentations from eminent speakers together with interactive workshops and discussion groups. **CPD with reflective learning log and certificates** will be available at the meeting.

For more information please see attached.



To register a place at the conference please [Click Here](#)

## Healthcare Hot Topics - Women's Health

<u>New</u>	<u>Dates</u>	<u>Available!</u>
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The Healthcare Hot Topics one day workshops have been designed by Doctors, for Doctors and Nurses, who work in primary care or are associated with the requirements of primary care health provision.

**You will receive 5 hours of CPD with a reflective learning log and a Hot Topics handbook.**

Courses are limited to 30 delegates on each workshop to maximise interactive learning opportunities.

For more information or to register your place please [Click Here.](#)

**2014 Dates**  
**Wednesday 9th**  
**March London**

**Tuesday 1st**  
**April Manchester**  
**Wednesday 10th**  
**September**  
**London**

**Wednesday 24th**  
**September**  
**Leeds**

Feedback from the last event included:

- "All the sessions had practical "take home" messages"
- "All sessions were informative; this was an excellent day, very enjoyable and interactive"
- "Very informative, good coverage of the relevant subjects"
- "What's new in Women's Health was very valuable and well presented"
- "Dr Connolly is fantastic! Course was relevant to general practice with all lectures designed to answer questions for GPs"

Due to the popularity of the recent meetings we will be announcing some new dates for Women's Health. For more information please [Click Here.](#)

## Revised and updated Standards for the management of sexually transmitted infections (STIs)

In January 2014 MEDFASH and the British Association for Sexual Health and HIV (BASHH) published updated standards for the management of STIs. They were developed in collaboration with Public Health England (PHE) and professional and membership bodies from across healthcare, public health, and local government.

During 2013, MEDFASH managed a project for and with BASHH to undertake a comprehensive review and updating of the first national standards for the management of STIs, published in 2010. The aim was to ensure the revised standards would reflect current best practice in STI management as well as new policies and structures arising from implementation of the Health and Social Care Act 2012.

To view the standards please [Click Here](#)

## Emergency Contraception

To view the recent changes to the SmPC for Norlevo (levonorgestrel 1500) in Ireland please [Click Here](#)

The results of failure rate of levonorgestrel for emergency contraception for women of different weights are in the table below.

Weight (kg)	<55	55-65	65-75	75-85	≥85
N total	349	608	426	155	193
N pregnancies	3	8	6	10	11
Pregnancy rate	0.9%	1.3%	1.4%	6.4%	5.7%
Confidence interval	[0.2-2.5]	[0.6-2.6]	[0.5-3.0]	[3.1-11.5]	[2.9-10.0]

## HPV

The recent study reported in the journal Vaccine (vaccine 2013;32:26-32) has confirmed the success of the HPV immunisation programme. 86% of 12-13 year olds received all three doses of the HPV vaccine in 2012/3 although there continues to be varied uptake in different areas. The study proved that the prevalence of HPV types 16 and 18 has fallen by 66% in the women (aged 16-24) who were tested. To View the study please see attached.



## Hormone Replacement Therapy Guidance

A recent paper in the International Journal of Women's Health (Please see attached) has provided an evidence-based approach to prescribing hormone replacement therapy.



## Fertility management

The January edition of the British Journal of General Practice has a useful article on the latest NICE guidance for fertility management and the role that can be played by primary care. Please see attached.



## Interesting Cases

The e-letter is a useful resource to share interesting cases. Attached is a case from Dee McCormack; 'the travelling coil'.

Please send your interesting cases to [enquiries@pcwhf.co.uk](mailto:enquiries@pcwhf.co.uk) to share with attached learning points if useful.



**Another interesting case report – IUS ,BMI and ectopic pregnancy** - A case of ectopic pregnancy with a LNG-IUS in a woman with high BMI and literature review.



## Tip of the Month

The tip of the month for February has been sent by Dr Caroline Cooper and provides some help with implant removals. Please see attached.



## Primary Care Women's Health Forum

If anyone has any interesting papers to share, interesting cases they have seen and managed or any learning points to share with the Forum members please email [enquiries@pcwhf.co.uk](mailto:enquiries@pcwhf.co.uk). We have an excellent opportunity to share best practice and improve the care we are giving to our women via this e-letter which is currently circulated to more than 11,000 primary care practitioners.

We have over 4000 members of the forum already and it is growing rapidly with over 100 new members each month. Registration is free to join. Please visit the Primary Care Women's Health Forum at [www.pcwhf.co.uk](http://www.pcwhf.co.uk)



Please visit our [website](http://www.pcwhf.co.uk), where new members can also [join the forum for free](http://www.pcwhf.co.uk).

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