

News

Primary Care Women's Health Forum Conference 2014

The Annual Conference of the Primary Care Women's Health Forum will be in Solihull on the **Wednesday 5th November 2014**. This is an excellent opportunity to be updated in a number of women's health topics which are relevant to primary care work as well as an opportunity to network and spend the day with like-minded clinicians. The format includes plenary sessions and a wide variety of workshops. We have a limited number of delegate places available so early booking is recommended.

This is also an ideal opportunity to share the excellent work many of you are doing to improve the care of your patients in your workplace. Please consider entering for this year's Best Practice Award.

For further details contact ***lisa.sherry@events4healthcare.com***. Details about projects which have been entered in previous years can be found on the PCWHF website.

For more details or to book your place please visit the Forum website by **Clicking Here**

Faculty of Sexual and Reproductive Healthcare qualifications

The recent changes made by the FSRH to the training pathways to the diploma and the letters of competence for SDI and IUT became 'live' at the end of January. The FSRH have received numerous requests from nurses to undertake this training and to reaccredit their previous RCN qualifications. Congratulations to one of our nurse members, Wendy Moore, who became the first nurse to complete the diploma. For further details see slide attached and or **[Click Here](#)** to visit the FSRH website.



Conceptions in England, 2012

2012 annual conception data was released from The Office of National Statistics (ONS) last week. The under 18 conception rate for 2012 is the now the lowest since 1969 at 27.7 conceptions per 1,000 women aged 15-17 in England, falling 9.8% from 2011. Conception rates in 2012 increased for women aged 35 years and over and decreased for women aged under 35 years. For details of the national trend and data from your local areas, please **[Click Here](#)**

A One Day Update on Gynaecology - NAPS Conference 2014

Wednesday 14th May 2014, DoubleTree By Hilton, Leeds

The National Association for Premenstrual Syndrome (NAPS) Conference will provide you with a one day update in gynaecology, presentations from eminent speakers together with interactive workshops and discussion groups. **CPD with reflective learning log and certificates** will be available at the meeting.

For more information please see attached.



Limited spaces available. To register a place at the conference please [Click Here](#)

The Advisory Group on Contraception (AGC)

The AGC is an expert advisory group made up of leading clinicians and advocacy groups who have come together to discuss and make policy recommendations concerning the contraceptive needs of women of all ages. Recent work by the AGC has included the production of 3 commissioning guides which can be found on the website. To view the website please [Click Here](#)

- **Commissioning high quality contraceptive services: Recommendations to NHS England - February 2014** - This document sets out recommendations for consideration by NHS England, as it discharges its responsibility for sexual health commissioning with regard to contraception provided as an additional service under the GP contract.
- **Commissioning high quality contraceptive services: A guide for local authority commissioners – February 2014** - This guide is designed to support local authorities to allow them to effectively commission the contraceptive aspects of sexual health services.
- **Commissioning high quality contraceptive services: A guide for clinical commissioning groups – February 2014** - This guide is designed to support clinical commissioning groups to effectively commission the contraceptive aspects of abortion services.

The MRHA Combined Hormonal Contraception warning

The MRHA have issued a warning on the use of CHC and VTE. All clinicians will have received this but see attached document. The MRHA advice is: Combined hormonal contraceptives and venous thromboembolism: review confirms risk is small—consider risk factors and remain vigilant for signs and symptoms



Healthcare Hot Topics - Women's Health

New Dates Available!

The Healthcare Hot Topics one day workshops have been designed by Doctors, for Doctors and Nurses, who work in primary care or are associated with the requirements of primary care health provision.

You will receive 5 hours of CPD with a reflective learning log and a Hot Topics handbook.

Courses are limited to 30 delegates on each workshop to maximise interactive learning opportunities.

For more information or to register your place please [Click Here.](#)

Feedback from the last event included:

- "All the sessions had practical "take home" messages"
- "All sessions were informative; this was an excellent day, very enjoyable and interactive"
- "Very informative, good coverage of the relevant subjects"
- "What's new in Women's Health was very valuable and well presented"
- "Dr Connolly is fantastic! Course was relevant to general practice with all lectures designed to answer questions for GPs"

Due to the popularity of the recent meetings we will be announcing some new dates for Women's Health. For more information please [Click Here.](#)

2014 Dates

Tuesday 1st April
Manchester

Wednesday 10th
September
London

Wednesday 24th
September
Leeds

Recent Papers



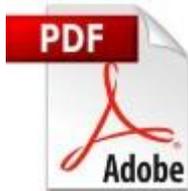
IVF

Following the recent amendments to the NICE fertility guidance the attached paper from the BMJ discusses the use of IVF



Primary Ovarian Insufficiency

An excellent useful paper providing an overview on the need to identify and manage appropriately women presenting with Primary Ovarian Insufficiency (previously – premature menopause)



Uterine fibroids

An update on the current recommendations for management of fibroids

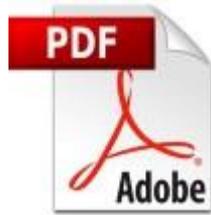


Self-testing for HPV

Is this the next step to improve uptake of cervical screening in women who will not attend for clinician taken samples?

Endometriosis `the missed disease`

2 of our members; Dr Uma Marthi GPwSI in women's health from Rochdale and Dr. Veena Rao GPwSI from Cumbria have supported the work of Endometriosis UK since 2012. They offer expert advice to the society using their knowledge and work in Primary Care. Attached are 2 documents that Uma has produced to help with the diagnosis and management of this condition and a paper written for the RCGP news about the difficulties and need to improve the recognition of this common problem



SSMs in Menopause Management

Please find attached details of 2 Menopause Theory Courses. This course is designed as the theory component of the BMS/FSRH Special Skills Module in menopause management.



Tip of the Month

This month's tip is provided by Linda Eaves, nurse practitioner with an interest in travel medicine. This useful guide reminds us of the importance of including sexual

health advice in our travel consultations



Survey of Referrals Related to IUD/IUS Missing Threads

King's College Hospital Sexual & Reproductive Health Department, London would like to conduct an online survey to determine the incidence of cases with missing IUD/IUS threads presenting to GP practices and contraceptive clinics within the UK. Amongst IUD/IUS users, one of the most common reasons for referral to a contraceptive specialist is the disappearance of the threads. In the majority of cases, retraction of threads into the cervical canal appears to be the most common cause.

In addition to making device removal difficult, missing IUD threads are also a cause of anxiety for users. The results of the survey will add to the limited evidence available on the subject, thus strengthening the evidence base for counselling women adequately at the time of IUD insertion.

Before commencing the survey, we would like to get an indication of the likely response rate to this survey so please inform us of your willingness to participate by completing a brief. To complete the brief please [Click Here](#)

We would also appreciate any feedback on the structure and content of the online survey form. Please [Click Here](#)

We will let you know the exact date of commencement of the survey when we have an indication of the likely response rate.

For further information, please contact **Dr.Usha Kumar, Clinical Lead** for the Sexual & Reproductive Health service at King's College Hospital NHS Trust on u.kumar@nhs.net

Primary Care Women's Health Forum

If anyone has any interesting papers to share, interesting cases they have seen and managed or any learning points to share with the Forum members please email enquiries@pcwhf.co.uk. We have an excellent opportunity to share best practice and improve the care we are giving to our women via this e-letter which is currently circulated to more than 14,000 primary care practitioners.

We have over 4000 members of the forum already and it is growing rapidly with over 100 new members each month. Registration is free to join. Please visit the Primary Care Women's Health Forum at www.pcwhf.co.uk



Please visit
our **website**,
where new
members
can also **join**
the forum
for free.

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