



**Primary Care
Women's Health Forum**

Primary Care Women's Health Forum e-update

Issue 18: May 2014

News

Menopause Management

There has been a gradual increase in HRT prescribing over the past few years as more evidence has been published to support the safety of use of hormonal treatments for menopausal women. We are likely to see new treatments appearing for this indication before long in the UK.

The International Menopause Society statement of 2013 and the paper by Nick Panay et al are both useful resources for all to use and share with other prescribers. The website [menopause matters](#) provides excellent patient and clinician information and is free to access.



Child Sexual Exploitation – Spotting the Signs

BASHH and Brook have launched a new child sexual exploitation (CSE) proforma, Spotting the Signs, to help health professionals across the UK identify young people attending sexual health services who may be at risk of or experiencing sexual exploitation.

This has been piloted in a number of sites, including general practice, and is a useful resource for clinicians providing services for young people. Please see attached documentation. For further details please [Click Here](#).



Primary Care Women's Health Forum Conference 2014

[The Primary Care Women's Health Forum Annual Conference](#) will be held on **Wednesday 5th November 2014** at **St Johns Hotel in Solihull**. The conference boasts an impressive line-up of key note speakers and a powerful agenda, which should prove both thought-provoking and beneficial for all those attending. The agenda has been designed to be relevant for healthcare professionals working in a

primary care setting.

Speakers

Dr Julie Oliver - CASH Trainer/GPwSI Community Gynaecology

Dr Diana Mansour - Consultant in Community Gynaecology and Reproductive Health Care, Head of Sexual Health Services, Newcastle Hospitals Community Health

Dr Sarah Gray – GP – Tamar Valley Health, GP Specialist in Women’s Health, Primary Care Lead for Sexual Health and Contraception – Cornwall, Clinical Lead NHS Kernow

Dr Christine Corrin - GP with Special Interest in Gynaecology

Dr Anne Connolly - GP/Clinical Lead for Women's Sexual Health

Dr Caroline Cooper – Associate Lead Cambridgeshire CASH Service, Faculty Registered Trainer

Dr Helen Ludkin - Nurse Practitioner with Special Interest in Gynaecology, Bradford

Dr Karen Ellison - Medicolegal Advisor

Mr Ian Russell - Specialist Practitioner in Sexual Medicine

Dr Paula Briggs - Community Lead Sexual Health Services, NHS Sefton

This is an excellent opportunity to be updated in a number of women’s health topics which are relevant to primary care work as well as an opportunity to network and spend the day with like-minded clinicians. The format includes plenary sessions and a wide variety of workshops. We have a limited number of delegate places available so early booking is recommended.

Would you be interested in sharing your excellent work of how you are improving the care of your patients? There is an ideal opportunity to enter this year’s Best Practice Award. For further information please [Click Here](#). Details about projects which have been entered in previous years can be found on the PCWHF website.

For further information or to register for the conference please [Click Here](#)

FSRH Quality Standard for Contraceptive Services

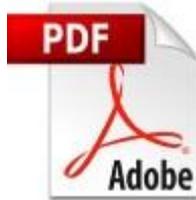
The Quality Standard for Contraceptive Services, which was launched at the FSRH’s Annual Scientific Meeting, sets out a range of key quality measures and required outcomes for new local authority and NHS commissioners to achieve.

This is made up of six quality statements in total. These cover the importance of access to contraceptive provision, including ensuring individuals have timely ‘open access’ to a full range of contraceptive services. The statements also reinforce the importance of service user and public input, as well as training and continuing professional development, service governance and audit. Although the focus of the Quality Statement is on England, it is designed to be relevant to Scotland, Wales and Northern Ireland.

For further information please [Click Here](#)

Public Health England

Public Health England has published a package of new resources providing the latest evidence on the impact and economics of opportunistic Chlamydia screening and HIV screening and testing. To view these see attached.



HPV triage

The addition of HPV triage to the cervical screening programme is causing considerable concern for women attending colposcopy clinics, especially those who have previously undergone LLETZ treatment. This problem is partly due to the lack of understanding of this infection by women and by their clinicians. To view the latest HPV triage test flowchart please [Click Here](#). This should be shared among practice teams to help them counsel women when they attend for cervical screening.

International survey to assess women's attitudes regarding choice of daily versus non-daily female hormonal contraception – Dr Diana Mansour

The attached paper published in the International Journal of Women's Health provides an insight into the choices women make when opting for their contraception. This excellent paper presents us all with a challenge and should be read by all contraceptive providers.



Improving adherence with oral bisphosphonate treatment in osteoporotic women

This paper published in the BMJ demonstrates that enhancing adherence with oral bisphosphonates offers important benefits in reducing the risk of osteoporotic fractures, although there is a substantial cost to this.



If any PCWHF member has developed any local initiatives which have proved successful in helping with this issue please forward any information to enquiries@pcwhf.co.uk and we can share this best-practice point with others.

Healthcare Hot Topics Workshop

The Healthcare Hot Topics one day workshop have been designed by Doctors, for Doctors and Nurses, who work in primary care or are associated with the requirements of primary care health provision.

You will receive 5 hours of CPD with a reflective learning log and a Hot Topics handbook.

2014 Dates

**Wednesday 10th
September
London**

Feedback from the last event included:

- *"All the sessions had practical "take home" messages"*
- *"All sessions were informative; this was an excellent day, very enjoyable and interactive"*
- *"Very informative, good coverage of the relevant subjects"*
- *"What's new in Women's Health was very valuable and well presented"*
- *"Dr Connolly is fantastic! Course was relevant to general practice with all lectures designed to answer questions for GPs"*

For more information or to register your place please [Click Here.](#)

Jaydess®

Bayer has launched Jaydess®, a new low-dose levonorgestrel-containing intrauterine delivery system that can be used to provide long-acting reversible contraception for up to three years.

Jaydess® (levonorgestrel 13.5mgs) continuously releases a low dose of levonorgestrel and results in a lower systemic exposure to the drug than is observed with the other levonorgestrel- containing intra-uterine system, Mirena®.The dimensions of Jaydess® are 28 x 30 x 1.55mm

Mirena® is effective for up to 5 years when used for contraception purposes and contains levonorgestrel 52mg. The dimensions of Mirena® are 32 x 32 mm



Tip of the Month

An easy to read locally adapted basic ovarian cancer screening pathway



Primary Care Women's Health Forum

If anyone has any interesting papers to share, interesting cases they have seen and managed or any learning points to share with the Forum members please email enquiries@pcwhf.co.uk. We have an excellent opportunity to share best practice and improve the care we are giving to our women via this e-letter which is currently circulated to more than 14,000 primary care practitioners.

We have over 4000 members of the forum already and it is growing rapidly with over 100 new members each month. Registration is free to join. Please visit the Primary Care Women's Health Forum at www.pcwhf.co.uk

Are you an existing nurse IUT trainer looking for a new challenge?

[Click here for more details](#)



Please visit our [website](#), where new members can also [join the forum for free](#).

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