



News

Primary Care Women's Health Forum

Last month saw a further report raising concern about the use of HRT. In February the report was of HRT increasing the risk of women developing ovarian cancer and in March the updated version of the 2013 Cochrane review of HRT and cardiovascular disease was published.

Hormone therapy for preventing cardiovascular disease in post-menopausal women is a review of the effects of hormone therapy for the prevention of cardiovascular disease in post-menopausal women, and whether there are differential effects between use in primary or secondary prevention.

The full review is available

at: <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD002229.pub4/full>

With a summary found

at: <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD002229.pub4/pdf/abstract>

The review concludes that findings provide strong evidence that treatment with hormone therapy in post-menopausal women overall, for either primary or secondary prevention of cardiovascular disease events has little if any benefit and causes an increase in the risk of stroke and venous thromboembolic events.

As usual the British Menopause Society responds quickly to these reports with useful and relevant responses for us to use in consultations with concerned women and to share with our colleagues.

BMS response

<http://www.thebms.org.uk/newsitem.php?newsid=82>

Anne Connolly

Chair of the Primary Care Women's Health Forum

Meetings & Events

Primary Care Women's Health Forum Conference 2015



Primary Care Women's Health Forum Conference 2015

We are delighted to announce the Primary Care Women's Health Forum's 7th annual conference will be held on **Thursday 5th November 2015** at the **Royal York Hotel**. Once again we will make sure that the sessions are relevant for the work done in primary care and our presenters will challenge us to provide care fit for purpose for our female patients. Last year's conference was a great success with over 120 primary care delegates. This year we are aiming for this number to increase to 150 and provide an exceptional networking and learning opportunity for those with an interest in female health.



The conference consists of an impressive line-up of key note speakers and a powerful agenda, which should prove both thought-provoking and beneficial for all those attending. To view the full agenda [Click Here](#).

There is also a further opportunity for you to enter the **Best Practice Award** and share your work.

In addition, delegates will be eligible to gain up to **6 hours of reflective learning**.

To book now please [Click Here](#).

[More Information](#)

[Book Now](#)

Healthcare Hot Topics - Women's Health - 11th September 2015

This is a one day workshop, delivered by Dr Anne Connolly and Dr Julie Oliver, that will update all attendees on the latest developments in Women's Health for both GPs and Nurses. The agenda covers topics including: contraception, menopause and case studies on abnormal bleeding and fertility.

Our last event had over 30 attendees and had outstanding feedback with 100% of people saying they would recommend the day to colleagues.

Book now to avoid disappointment and enjoy 5 hours of CPD and learning in an informal discussion based environment.

[More Information](#)

[Book Now](#)

NAPS - A One Day Update in Gynaecology - 19th June 2015



A one day update on Gynaecology National Association for Premenstrual Syndrome 2015

This year's **National Association for Premenstrual Syndrome (NAPS) event, The one day update on Gynaecology** will be held at Nottingham University on Friday 19th June 2015. The day will include presentations from eminent speakers together with interactive workshops and discussion groups. **CPD with reflective learning log and certificates will be available at the meeting.**

[More Information](#)

[Book Now](#)

Useful Papers & Guidelines

Recent Guidelines

The Faculty of Sexual and Reproductive Healthcare Clinical Effectiveness Unit guidance on the use of Progestogen Only Pills was published in March 2015.

<http://www.fsrh.org/pdfs/CEUGuidanceProgestogenOnlyPills.pdf>

Department of Health guidance on human trafficking.

Department of Health guidance leaflet produced by Platform 51 for advice and help when identifying and supporting victims of human trafficking

<https://www.gov.uk/government/publications/identifying-and-supporting-victims-of-human-trafficking-guidance-for-health-staff>

For further resources and eLearning module on identifying and supporting victims of human trafficking see <http://www.e-lfh.org.uk/programmes/modern-slavery/open-access-session/>

RCOG guidance on management of women with a genetic predisposition to gynaecological cancers

<https://www.rcog.org.uk/globalassets/documents/guidelines/scientific-impact-papers/sip48.pdf>

NICE guidance NG 7; March 2015. Maintaining a healthy weight and preventing excess weight gain among adults and children <https://www.nice.org.uk/guidance/ng7>

Recent Papers

RCGP report *Falling through the gaps: perinatal mental health and general practice*

Too many women are falling through the gaps and not getting help for mental health during and after pregnancy, says new report written by the Centre for Mental Health, 18 March 2015.

Women who have depression or anxiety during pregnancy or in the year after giving birth are not having their needs recognised and not getting the support they need as a result, according to research published by Centre for Mental Health and the Royal College of General Practitioners, with support from Netmums, Tommy's and the Boots Family Trust.

http://www.centreformentalhealth.org.uk/pdfs/falling_through_the_gaps.pdf

2 interesting papers published in the International Journal of Women's Health:

Clinical utility of ulipristal acetate for the treatment of uterine fibroids: current evidence. http://www.dovepress.com/articles.php?article_id=21044
Vulvar cancer: epidemiology, clinical presentation, and management options. http://www.dovepress.com/articles.php?article_id=20963

Comparing risk behaviours of human papillomavirus-vaccinated and non-vaccinated women. <http://jfprhc.bmj.com/content/early/2015/01/20/jfprhc-2014-100896.abstract>

Unvaccinated women demonstrated higher levels of risk behaviour than those who had been vaccinated.

The authors conclude that HPV vaccination status should be ascertained as part of the clinical history, to ensure advice and counselling are provided to those at greatest risk of HPV-associated disease

Vaginal Problems: Pelvic Organ

Prolapse. <http://www.menopausematters.co.uk/prolapse.php>

Do Premenopausal Hypothyroid Women on Levothyroxine Therapy Need Bone Status Monitoring? <http://www.la-press.com/do-premenopausal-hypothyroid-women-on-levothyroxine-therapy-need-bone--article-a4725-abstract>

Clinical review article on cervical cancer. <http://www.gponline.com/clinical-review-cervical-cancer/womens-health/article/1338834>

European Medicines Agency Pharmacovigilance Risk Assessment Committee recommends further measures to minimise risk of osteonecrosis of the jaw with bisphosphonate medicine.

Measures to be considered for other intravenous bisphosphonates and denosumab in upcoming reviews.

To view this document please [Click Here](#).

Useful Websites

The Center for Young Women's Health

The Center for Young Women's Health, an award-winning health website for young women. Includes answers to questions, health guides, chats, & more! www.youngwomenshealth.org



Please visit our [website](#), where new members can also [join the Forum for free](#).

[Unsubscribe from this newsletter](#)