



News

Primary Care Women's Health Forum

Urinary incontinence is an under-reported problem that can have a significant effect on quality of life; impacting on physical, social and psychological well-being. The associated medical problems are well understood but social problems are significant, including unemployment and admission for residential care (a common cause, second only to dementia).

NICE published their latest guidance on management of urinary incontinence in women in September 2013 (CG171).



The Quality Standard on urinary incontinence in women (QS77) was published in January 2015.



Personally I find these Quality Standard documents useful for providing current, evidence based management; useful as a tool to audit management and to reflect on for appraisal; and to use to plan and monitor local service provision.

The PCWHF has endorsed this Quality Standard.

All Party Parliamentary Group- Sexual and Reproductive Healthcare inquiry update

(apologies to those readers who are not currently working in England – but if you have other concerns affecting the funding or provision of healthcare for your women please email with the relevant information)

In November 2014 the results of the PCHWF survey of LARC provision and concerns in primary care were presented to the All-Party Parliamentary Group on Sexual and Reproductive Healthcare Inquiry. The survey results can be viewed [Here](#).

The inquiry heard concerns and collected written information from many organisations and policy makers.

The findings of the inquiry were presented as an interim report in January and as anticipated included concern about the future of the provision of SRH, wherever it is delivered, because of funding restrictions.

There are examples of SRH services where restrictions to access are already occurring and women are being diverted to primary care for their contraception and sexual health needs. This is reducing access for women who choose to attend SRH services for their core contraception requirements (oral/injectable methods) as well as the restrictions to LARC we have heard before. This additional workload will impact on our already overstretched primary care workforce and risk the loss of 'health money' in the economy.

We continue to collect examples of where these restrictions or changes to commissioning are occurring. Please send any concerns to me at anne.connolly@bradford.nhs.uk so that we can use these during discussions with the RCGP and the APPG.

Please remember to complete the [attached form](#) if you are a PwSI in any aspect of women's health care or are delivering enhanced services in your place of work.

Anne Connolly

Chair of the Primary Care Women's Health Forum

Meetings & Events

Healthcare Hot Topics - Women's Health - 18th March 2015

This is a one day workshop, delivered by Dr Anne Connolly and Dr Julie Oliver, that will update all attendees on the latest developments in Women's Health for both GPs and Nurses. The agenda covers topics including: contraception, menopause and case studies on abnormal bleeding and fertility.

Our last event had over 30 attendees and had outstanding feedback with 100% of people saying they would recommend the day to colleagues.

Book now to avoid disappointment and enjoy 5 hours of CPD and learning in an informal discussion based environment.

[More Information](#)

[Book Now](#)

NAPS - A One Day Update in Gynaecology - 19th June 2015



A one day update on Gynaecology
National Association for Premenstrual Syndrome 2015

This year's **National Association for Premenstrual Syndrome (NAPS) event, The one day update on Gynaecology** will be held at Nottingham University on Friday 19th June 2015. The day will include presentations from eminent speakers together with interactive workshops and discussion groups. **CPD with reflective learning log and certificates will be available at the meeting.**

[More Information](#)

[Book Now](#)

Useful Papers & Reports

MBRRACE Report - Saving Mothers Lives

Overall there has been a statistically significant decrease in the maternal death rate between 2006-8 and 2009-12 in the UK. This reduction has been mainly due to a reduction in those women who have died from direct complications of pregnancy.



The latest figures show that two-thirds of women died from indirect causes and almost three quarters of all women who died had co-existing medical complications.

Epilepsy remains a high risk condition in pregnancy and should continue to be managed as such in antenatal and postnatal care.

And for us in primary care we must ensure that pre-conception counselling for women with epilepsy must be robustly delivered in all care settings on an opportunistic basis.

National Heavy Menstrual Bleeding Audit - Final Report

A national audit to assess patient outcomes and experiences of care for women with heavy menstrual bleeding in England and Wales



Recent Papers

BMA Report on Domestic Abuse



RCOG paper on vitamin D in pregnancy



BJGP article on diagnosing endomorphisms in primary care



Recent Guidelines

RCOG green top guideline - Chicken pox in pregnancy



BASHH/RCOG guideline - Management of genital herpes in pregnancy



Position statement - BASHH/EAGA on HIV window period



DMPA and HIV statement



Other Issues

Contraception in Tricky Situations

Paula Briggs founder member and consultant in SRH in Sefton has shared with us her paper on Contraception in Tricky Situations



STI Testing in Emergency Contraceptive Consultations - Audit Results

The February 2015 edition of the BJGP has published a letter from Eugene Yeung and colleagues from Birmingham. This letter contains the results of their audit on STI testing in emergency contraceptive consultations.

The [FSRH Guidance](#) on emergency contraception clearly advises on the importance of optimising these consultations to:

- Assess pregnancy risk
- Offer appropriate emergency contraception advise
- Discuss ongoing contraception requirements and 'Quick start' where appropriate
- And use the opportunity for STI testing.

The audit of care provided in the practice in Birmingham confirmed their excellent care for women when recommending future contraception but demonstrated a low proportion in women being offered STI testing.

This would be a useful audit for any of us working in primary care to perform and use the changing practice amongst our colleagues.

If you have any cases, pathways or other learning points that you would be willing to share please email them to anne.connolly@bradford.nhs.uk.

Herpes.org.uk

A Fantastic patient information leaflet has been published on the Herpes.org.uk website. To visit this site and view the leaflet please [Click Here](#).



Please visit our [website](#), where new members can also [join the Forum for free](#).

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