



Primary Care
Women's Health
Forum

Primary Care Women's Health Forum

e-update

Issue 32: October 2015



News



Last Chance to Book!

Primary Care Women's Health Forum
Conference

5th November 2015

[Book Now](#)

Be sure to register to secure your place at this year's conference

Primary Care Women's Health Forum

HPV vaccination is now well embedded in our national immunization schedule, with approximately 80% of girls in year 8 participating in the programme.

The current product used is the quadrivalent vaccine Gardasil which aims to prevent infection with the 2 genital wart HPV strains; 6 and 11, and the 2 most common strains causing cervical cancer; 16 and 18.

In Australia where Gardasil has been used since 2007 genital warts are rare in younger vaccinated men and women. It will be a few years until we see this same improvement in the UK but we are starting to see a reduction in cervical problems, particularly higher grade - CIN3.

Last December the U.S. Food and Drug Administration approved Gardasil 9 (Human Papillomavirus nonavalent Vaccine, Recombinant) for the prevention of certain diseases caused by nine types of Human Papillomavirus (HPV). Covering nine HPV types Gardasil 9 has the potential to prevent approximately 90 percent of cervical, vulvar, vaginal and anal cancers as well as genital warts. Gardasil 9 adds protection

against five additional HPV types—31, 33, 45, 52 and 58— which cause approximately 20 percent of cervical cancers. Hopefully when the next contract is agreed for vaccine provision in the UK the product chosen includes these extra oncogenic strains.

It is also about time boys were vaccinated. The campaign led by HPV Action: *Jabs for the boys: the case for gender neutral vaccination* is arguing that the current programme is inequitable and is not sufficient to provide 'herd immunity' to prevent the 2000 HPV related cancers in men each year. Details of the campaign can be found here: <http://www.hpvaction.org/gender-neutral-vaccination.html>

It is important to provide good coverage with immunization for all as currently HPV is believed to cause:

- 100% cervical cancer
- 90% anal cancer
- 50% vulval cancer
- 5% oral cancer
- 70% oro-pharangeal cancer
- a significant (unknown) % of oesophageal cancers.

Anne Connolly

Chair of Primary Care Women's Health Forum

Book Recommendations

ABC of Domestic Violence – Professor Susan Bewley, published by Wiley Blackwell and BMJ Books.

Identifying people who have suffered from, or at risk of domestic violence is often very difficult for patients and for us as clinicians. This book is a useful, practical resource to help us understand how to start these conversations and to deal with the responses we may get.

Contraception made easy – Diana Mansour and Laura Percy, published by RCGP Medical Bookshop.

This excellent book provides an easy to read overview of contraception for non-specialists, particularly useful for clinicians (doctors and nurses) working in primary care.

Both Professor Bewley and Dr Mansour will be presenting at the Primary Care Women's Health Forum annual conference on 5th November in York.

Meetings & Events

Primary Care Women's Health Forum Conference 2015



Primary Care Women's Health Forum Conference What's New in 2015

The Primary Care Women's Health Forum's 7th annual conference will be held on **Thursday 5th November 2015** at the **Royal York Hotel**. Once again we will make sure that the sessions are relevant for the work done in primary care and our presenters will challenge us to provide care fit for purpose for our female patients. Last year's conference was a great success with over 120 primary care delegates.

Since launching this year's conference we are pleased to say we have received an overwhelming response. The conference provides an exceptional networking and learning opportunity for those with an interest in female health so please book now to avoid disappointment.



The conference consists of an impressive line-up of key note speakers and a powerful agenda, which should prove both thought-provoking and beneficial for all those attending. To view the full agenda [Click Here](#).

In addition, delegates will be eligible to gain up to **6 hours of reflective learning**.

To book now please [Click Here](#).

[More Information](#)

[Book Now](#)

Other Meetings



Clinical essentials for Primary Care

A one day Interactive Workshop

[More Information](#)

[Register Here](#)

A series of one day workshops covering a number of different therapy areas to provide GPs with all of the new information they need for appraisal. **(5 hours of CPD available)**

Celebrating
25
Years



**Menopause
Academy**

[More Information](#)

[Register Here](#)

5 half day regional events with a focus on treatment and management of the menopause. **(3 hours of reflective learning available)**

Useful Papers & Guidelines

Recent Papers

Hirsutism: Diagnosis and Treatment - Hirsutism is a common clinical problem in women of reproductive age. This provides a useful review of the diagnosis and treatment of the problem.

<http://www.omicsgroup.org/journals/hirsutism-diagnosis-and-treatment-2167-0943.1000e104.pdf>

Use of selective serotonin reuptake inhibitors or venlafaxine in early pregnancy. NICE provide an expert comment on the use of newer antidepressants in pregnancy providing evidence to support the use when appropriate.

<https://www.evidence.nhs.uk/Search?q=%22Eyes+on+Evidence%22>

NICE guidance addresses shortcomings in care for women with Urinary Incontinence. This paper provides an overview of the latest NICE Quality Standard for management of female urinary incontinence, plus some excellent points for audit of care.

http://www.guidelinesinpractice.co.uk/august15_NICE_QS77_urinaryincontinence#.Vf6BmenF_dk

Recent Guidelines

Female Genital Mutilation and its Management (RCOG Green-top Guideline No. 53).

The purpose of this updated guideline is to provide evidence-based guidance on the management of women with female genital mutilation (FGM) and those who are considered to be at risk. It covers the clinical care of women before, during and after pregnancy, including the legal and regulatory responsibilities of health professionals.

<https://www.rcog.org.uk/en/guidelines-research-services/guidelines/gtg53/>

UK guideline on management of vulval disorders.

This guideline, last updated in 2014, provides useful recommendations for management of women with vulval problems.

<http://www.bashh.org/documents/UK%20national%20guideline%20for%20the%20management%20of%20vulval%20conditions%202014.pdf>

Patient Information

BASHH Patient Information Leaflet for genital herpes

Click the below link to view this resource

<http://www.bashh.org/documents/HSV%20PIL%202015%20Printer-friendly.pdf>

Other News

Syana Press self-administration license

Sayana Press (sub-cutaneous depo-medroxyprogesterone acetate) has obtained a license for use for self-administration. Further information and materials for use by healthcare professionals can be found at www.medisa.com

There is also a patient specific website which can be accessed

at: www.sayanaanswers.co.uk

FSRH statement from the CEU on self-administration of Sayana Press can be found at: <http://www.fsrh.org/pdfs/CEUStatementSayanaSelfAdmin.pdf>

Recent Interesting intra-uterine devices retrieved in the out-patient hysteroscopy clinic

First from a chinese woman who moved to the UK and wanted another pregnancy. Note - no threads. The ring should be round but was distorted during retrieval with forceps introduced along the sheath of the hysteroscope.



The second was found during hysteroscopy of a Slovakian woman who was being investigated for heavy menstrual bleeding. She had not used 'contraception' since the birth of her youngest son 30 years previously despite wanting to conceive. She had forgotten that an IUD had been inserted during the postpartum period and was surprised at the finding.



If you have any interesting cases to share please email them to me at anne.connolly@bradford.nhs.uk



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