



October 2016

e-update



Last chance to book your place at the PCWHF Conference taking place on 23rd November at St. John's Hotel, Solihull.

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A word from the Chair

In September we saw the publication of the NICE Quality Standard in contraception.
Click [here](#) to view this

This Quality Standard covers advice about all methods of contraception for women, including emergency contraception.

In this Quality Standard, 'contraceptive services' refers to and is relevant for all providers including:

- Primary care.
- Services offered in the community, education and pharmacy outlets.
- Abortion providers and others services where contraception is provided.

NICE Quality Standards are useful to use as an audit for re-validation as well as ensuring the services we offer are appropriate and acceptable for our patients.

List of quality statements:

- QS 1: Women asking for contraception from contraceptive services are given information about, and offered a choice of, all methods including long-acting reversible contraception.
- QS 2: Women asking for emergency contraception are told that an intrauterine device is more effective than an oral method.
- QS3: Women who request an abortion discuss contraception with a healthcare practitioner and are offered a choice of all methods when they are assessed for abortion and before discharge.
- QS4: Women who give birth are given information about, and offered a choice of, all contraceptive methods by their midwife within 7 days of delivery.

The majority of contraception continues to be provided by primary care and increasingly this work is allocated to our practice nurses to provide. The FSRH have been developing a number of new training courses including the FSRH Essentials: practice nurse training course. Details can be found [here](#).

FSRH Essentials is a one-day course that covers the key information needed for practice nurses to safely raise sexual health matters in consultations. It will equip nurses with the knowledge to signpost or refer patients on for starting contraception, STI testing and emergency contraception. Click [here](#) to find out more.

The CQC have recently included the assessment of practice SRH provision during inspections. Click [here](#) for a template to help assess the care your practice provides prior to a CQC visit.

Anne Connolly

Chair of the Primary Care Women's Health Forum



CONFERENCE

The annual Primary Care Women's Health Forum conference is approaching. This year it will be held at St. John's Hotel, Solihull on the 23rd November. The presentations and break out sessions are all relevant for work in primary care and provide plenty of opportunity to share experiences and cases and learn from each other.

> [Conference agenda and registration](#)

Finally we have a few places available for the working group on the evening of the 22nd November. This is an opportunity to network with others who are delivering primary care based services for women's health. This year we are having an educational session on PCOS as a life-long condition and developing the PCWHF 10 top tips for managing PCOS.

The educational event and evening meal are funded by the PCWHF. Please note spaces are available on a first come first served basis.

> [Evening educational meeting agenda](#)

> [Evening educational meeting registration](#)

[Visit the Conference Website](#)

GUIDELINES

> [FSRH CEU recommendation on double dose LNG emergency contraception in women using enzyme inducing medications \(including St John's wort\).](#)

> [FSRH CEU statement on pre-conception care.](#)

USEFUL RESOURCES

> [Toolkit on the risk of taking valproate medicines in female patients. Launched by MHRA.](#)

> [Contraception post-pregnancy pathway – infographics produced by PHE.](#)

PATIENT INFORMATION

> [Cervical screening leaflets in a number of different languages.](#)



Please visit our [website](#), where new members can also [join the forum](#)

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