



## e-update

### FEATURE



Primary Care  
Women's Health  
Forum **Webinars**

#### PCWHF webinar series

Our next webinar, "Cervical and vulval diseases" will be held on Wednesday 1st November 2017.

[> More information](#)

### A WORD FROM THE CHAIR

The Primary Care Women's Health Forum (PCWHF) was established to address the needs of healthcare professionals caring for millions of women in primary care in the UK by networking, sharing of best practice and developing resources. We have achieved our aim through a number of ways, one of which is the annual conference. This year the conference will be held in Leeds on the 8th November and will include short sessions on a diverse range of women's health related issues, aimed at offering tips to update and improve practice in primary and community care. This is a great opportunity to meet others who share a passion for improving the care offered to women. The programme and further details about this day can be found on [the website](#).

Membership of the PCWHF remains free to all but relies on sponsorship and support from the board members and others to continue to develop and produce the resources that our members find useful. We continue to remain indebted to E4H for their continued support with administration and event management.

[The PCWHF website](#) hosts these e-updates, information about upcoming webinars, recordings of previous webinars and many other resources which can be downloaded from [here](#) and shared with other clinicians.

Examples of resources previously published includes:

Guidance :

- Guidance on management of the menopause
- Guidance on diagnosis and management of genito-urinary syndrome of the menopause
- Endometrial competency framework for primary care

And Top Tips:

- Testosterone use for women
- NICE top tips on menopause
- Top ten tips for pre-menstrual syndrome
- Ten tips for safe practice with etonogestrel implant insertion

The feedback we receive from primary care clinicians is that these resources and the e-update continue to provide useful education and advice relevant for work as a busy primary care clinician. But we are always looking to improve our offer and are keen to consider any recommendations for future work or offer of assistance or best practice resources that you have developed in your practice so that we can continue to help others improve the care they provide.

Our future ambition is also to develop resources and support for our patients, either by signposting to trusted patient sites or to develop resources ourselves so that women receive the information required to make choices about their management.

Please contact me at [anne.connolly@bradford.nhs.uk](mailto:anne.connolly@bradford.nhs.uk) if you would like to become more involved with our work or you have any materials that you think would be useful to share with others.

Dr Anne Connolly  
Chair, Primary Care Women's Health Forum

ARTICLES

A "tales from the menopause" clinic article written by two of our Regional Directors has been published as a case-study in the latest edition of Post-Reproductive Health Journal. This does require membership of the British Menopause Society to be able to access for free or through an Open Athens account.

<http://journals.sagepub.com/doi/pdf/10.1177/2053369117723478>

The RCOG Scientific impact paper "Metformin Therapy for the Management of Infertility in Women with Polycystic Ovary Syndrome" is open access. This article adds further advice to the frequently asked question about the use of metformin in women with PCOS.

<http://online.library.wiley.com/doi/10.1111/1471-0528.14764/full>

RCOG clinical impact paper – "The effect of surgery for Endometriomas on fertility". A useful paper providing further information to add to the NICE management of endometriosis guideline published last month.

<http://online.library.wiley.com/doi/10.1111/1471-0528.14834/full>

"Low alcohol consumption and pregnancy and childhood outcomes: time to change" guidelines indicating apparently 'safe' levels of alcohol during pregnancy. A systematic review and meta-analyses.

<http://bmjopen.bmj.com/content/7/7/e015410>

## REPORTS

Public Health England: Sexual Health, Reproductive Health and HIV. A review of commissioning.

Useful for anyone wanting to understand the issues about the current commissioning arrangements for long-acting reversible contraception (LARC) in England and some of the opportunities arising for co-commissioning of services for gynaecological and contraceptive use.

<https://www.gov.uk/government/publications/sexual-health-reproductive-health-and-hiv-commissioning-review>

Women in the workplace – More than womens issues. **Women's reproductive and gynaecological health and work.**

This paper written by the Work Foundation takes four elements of reproductive and gynaecological health – endometriosis, infertility, pregnancy with a pre-existing condition, and the menopause – and examines the impact they can have on women’s working lives. Recommendations are made to employers to help women remain at work by managing their symptoms or having flexible working patterns. This paper also identifies the lack of awareness that has been given to these conditions and recommend increased awareness by employers, managers, healthcare professionals, policy makers and the wider public so that the increasing numbers of female workers can be supported better.

[www.theworkfoundation.com/2017/06/06/more-than-womens-issues/](http://www.theworkfoundation.com/2017/06/06/more-than-womens-issues/)

HIV testing: encouraging uptake. NICE Quality standard [QS157]

[https://www.nice.org.uk/guidance/qs157?mc\\_cid=88acd58506&mc\\_eid=ff65b44b98](https://www.nice.org.uk/guidance/qs157?mc_cid=88acd58506&mc_eid=ff65b44b98)

Fertility problems: assessment and treatment

NICE Clinical guideline [CG156] Update September 2017.

[https://www.nice.org.uk/guidance/cg156?mc\\_cid=88acd58506&mc\\_eid=ff65b44b98](https://www.nice.org.uk/guidance/cg156?mc_cid=88acd58506&mc_eid=ff65b44b98)

## INFORMATION

### Patient Information

Promoting whooping cough vaccine in pregnant women resources are free to download from the Gov.UK website. This includes posters, leaflets and other resources to signpost patients to providing in-depth information on:

- Why the vaccine is needed
- How maternal pertussis vaccination helps to protect babies from whooping cough
- When expectant mothers can have the vaccine
- Vaccine safety and efficacy

<https://www.gov.uk/government/publications/resources-to-support-whooping-cough-vaccination>

Genetic testing and ovarian cancer patient information leaflet for download. Offers Information and advice on:

- What is hereditary ovarian cancer?
- What genes are most likely to have a mutation that increases the risk of ovarian cancer?
- What happens in a genetic test?
- What is the impact of the different results for you and your family?
- Further sources of support

<https://targetovariancancer.org.uk/guides/genetic-testing-and-hereditary-ovarian-cancer>

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## Other Useful Information

Blog from Rachel Brown, GP advisor to the NICE endometriosis guideline, highlighting the recommendations and benefits of the new guideline.

<https://www.nice.org.uk/news/blog/raising-a-wareness-of-endometriosis>

Royal College of Midwives launches powerful animations to help end female genital mutilation (FGM).

<https://www.rcm.org.uk/news-views-and-analysis/news/rcm-launches-powerful-animations-to-help-end-fgm>

Consensus statement on use of PrEP as HIV prevention for women.

<http://prepster.info/wp-content/uploads/2017/08/PrEP-and-Women-Joint-Statement-August-2017.docx.pdf>

## WEBINARS & EVENTS

### A series of free webinars

Cervical and vulval diseases

Date: Wednesday 1st November 2017 at 7pm

Speakers: Dr Anne Connolly & Dr Christine Corrin

Pelvic pain and ovarian cancer - making a difference in primary care

Date: Tuesday 21st November 2017 at 7pm  
Speakers: Dr Anne Connolly & Dr Julie Oliver

Combined hormonal contraception  
Date: Wednesday 6th December 2017 at 7pm  
Speakers: Dr Paula Briggs & Dr Julie Oliver

Ten top tips on endometriosis  
Date: Tuesday 12th December 2017 at 7pm  
Speakers: Dr Anne Connolly & Dr Julie Oliver

[Register for a webinar](#)

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## Primary Care Women's Health Forum Conference

Wednesday 8 November 2017  
The Met Hotel, Leeds

[> More information](#)

[> Registration](#)

## CONTACT

### General Enquiries

Any comments, queries or for general information.

[> email us](#)

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### Submissions

If you have any work which you think could be of interest to our members, please submit it for review.

[> email us](#)

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## Press

If you would like us to comment or have a story of interest, please get in touch.

[> email us](#)

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## Sponsorship

We have a number of sponsorship opportunities available. Please contact us to discuss a package that suits you.

[> email us](#)

