



PRIMARY CARE  
WOMEN'S HEALTH FORUM

# COVID-19 vaccine and combined hormonal contraception in practice

Guidance on COVID-19 vaccinations and the use of contraception

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Prepared on behalf of the Primary Care Women's Health Forum. Remember that this is guidance and to make decisions on a case-by-case basis using your clinical judgement.

## COVID-19 vaccine and combined hormonal contraception in practice

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As GPs we normally rule out all risk factors before starting combined hormonal contraception (CHC) (ref UKMEC).

- 1.** Due to the effect of the COVID-19 pandemic last year, resulting in remote consultations, many women using CHC changed to progestogen-only pill (POP) and are continuing on them.

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- 2.** Women aged under 30 years are not going to receive the Oxford AstraZeneca vaccine following MHRA guidance.

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- 3.** Women aged over 30 years can be reassured that the risk of blood clots is small with the vaccine and that the benefits of having the vaccine far outweigh the risks. Advise that they should not stop using their contraception, including that there is no benefit of stopping for a few days prior to receiving the vaccine. This is a good opportunity to provide information about the benefits of long-acting reversible contraception (LARC) or consider using POP.

For more resources visit: [www.pcwhf.co.uk](http://www.pcwhf.co.uk). Prepared in April 2021.